

# *Athletic Handbook*

*“Make known the love of Christ by word  
and deed.”*



**2330 North Dale Street  
Roseville, Minnesota 55113  
(651) 484-9206**

[www.kingofkingslutherschool.org](http://www.kingofkingslutherschool.org)

Twitter: @kokroseville

***An NLSA Accredited School***

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## Section 1 - Sports

Cross Country	Grades 4-8	August - October	
*Co-Ed Soccer	Grades 5-6	August - October	
Co-Ed Soccer	Grades 7-8	August - October	
*Girls' Volleyball	Grades 5-6	August - October	
Girls' Volleyball	Grades 7-8	August - October	
Beams Football	Grades 7-8	August - October	hosted by CA
Dance	Grades 7-8	October - February	hosted by CA
*Girls' Basketball	Grades 5-6	November - March	
*Boys' Basketball	Grades 5-6	November - March	
Girls' Basketball	Grades 7-8	November - March	
Boys' Basketball	Grades 7-8	November - March	
Co-Ed Swimming	Grades 5-8	November - March	hosted by NHCA
Beams Track & Field	Grades 6-8	March - May	hosted by CA
Boys' Baseball	Grades 7-8	March - May	hosted by CA
Girls' Softball	Grades 7-8	March - May	hosted by CA
Golf	Grades 7-8	March - June	hosted by CA
Track & Field	Grades 5-8	May	one day event
Co-Ed Softball	Grades 5-6	May	one day event
Co-Ed Softball	Grades 7-8	May	one day event

\*Students in 4th grade may be added to the roster to help provide a full team.

All school sponsored teams may change the grouping of the grades to help provide the best opportunity for the students.

## **Section 2 - Philosophy**

King of Kings seeks to develop the whole child, including the physical aspects. Athletics offer opportunities to develop skills and talents in sports. The goal is to nurture these skills as a gift from God to be used for his praise and glory.

Sportsmanship is an important part of athletics. We strive to encourage the child to win with graciousness, and to lose without excuse, enjoying the opportunity to participate and to be active in sports. We encourage coaches, teachers, and parents to model these attributes to the participants in word and action.

We recognize our interscholastic sports program as an extra-curricular part of our instructional program, and expect that all participants will be students in good standing academically.

We believe as we work together, that our athletic program can help each child gain the proper skills and Christian attitude necessary to compete, and that these attributes will carry on in later life.

## **Section 3 - Objectives**

- To understand that the use of physical skills are a form of worship and praise to God.
- To have fun through physical activity.
- To give students the opportunity to improve their skills, physical conditions, and commitment to team sports.
- To provide an opportunity for school and team spirit.
- To learn the rules and strategies of competitive sports.
- To help students become thankful to God for their abilities.

## **Section 4 - Interscholastic Sports Eligibility**

It is considered a privilege to participate in athletics. Students involved in sports are required to maintain an acceptable level of academic achievement and Christian conduct.

A student not maintaining academic standards and making satisfactory progress in school may not be allowed to participate. This could include failing or below average grades, or repeated incomplete homework. Parents will be notified of the problem by the homeroom teacher and/or athletic director.

A student whose conduct in class and school falls below Christian expectations of the teacher may be declared ineligible for a team until the conduct of the student has improved sufficiently. In such circumstances, parents will be notified by the homeroom teacher and/or athletic director.

## **Section 5 - Sports Physicals**

All students participating in athletics are encouraged to have a physical on file in their health folder.

## **Section 6 - Absences**

A student absent for more than half a day will not be allowed to participate in practice or a game on that day. Other absences will be considered on an individual basis. Extenuating circumstances will be taken under consideration. Students absent from practices should be excused by a parent in writing or by phone to the coach or school office. A student with continual unexcused absences may be asked not to participate any longer.

## **Section 7 - Playing Time**

Playing is a privilege and must be earned. Players are expected to attend all scheduled practices, unless there is a legitimate reason for being absent such as: illness, emergencies, funerals, etc. "Too much homework" or "I didn't feel like practicing" are good examples of unacceptable reasons for missing practices or games. Every effort should be made to notify the coach in advance when a student will miss a practice or game. Coaches will follow these playing time guidelines:

5<sup>th</sup>/6<sup>th</sup> Grade Level: Coaches are expected to play all eligible players in each game and to aim for similar playing time.

7<sup>th</sup>/8<sup>th</sup> Grade Level: Coaches are expected to make their best effort to give each player a dignified amount of playing time.

Exceptions will be made on both levels to the above guidelines when one or more of the following applies:

1. Missing team practice(s)
2. Poor attitude and lack of effort
3. Lack of desire to compete
4. Violation of team rules
5. Violation of interscholastic sports eligibility  
(as noted in this handbook)

## **Section 8 - Guidelines for Athletes**

- Athletes are expected to show a love for their Savior and reflect that in games and practices.
- Athletes are expected to come to practice with the purpose of improving their skills as individuals and as team members.
- Athletes are expected to give priority to the King of Kings athletic teams.

- Athletes who do not show commitment to the team by missing practice and games will receive the natural consequences of decreased playing time and, possibly, being removed from the team.
- Athletes are to be at all games and practices unless they have been excused.
- The athletes must listen to their coach and do as asked or instructed.
- Positive attitudes toward the coach are to be demonstrated, without any yelling, arguing or complaining.
- Whether winning or losing, athletes should respect their coaches, teammates, opponents, and the officials in their speech and in their actions.

### **Section 9 - Guidelines for Coaches**

- Good sportsmanship is to be encouraged at all games and practices. Good Christian attitude is the primary goal.
- Attitudes consistent with our Christian faith are to be displayed at all times.
- Accept the referee's decisions without arguing or making non-verbal gestures that show disagreement.
- The language of the coach and team should reflect our Christian faith.
- Prayer is encouraged to be part of each pre-game.
- You are teaching and coaching children. Patience and discipline are a part of that.
- As a coach you're in charge of your team. Make your best effort to give each player a dignified amount of playing time.
- As a coach you are responsible for building security if the athletic director or principal is not present. After games and practices check to see that all equipment is put away, doors are locked, and lights are out. Be sure all students have been picked up before you leave. Do not leave students unattended.

### **Section 10 - Uniforms**

Uniforms are issued by the school. The uniform is to be properly cared for and washed according to instructions. If a uniform is lost or damaged by use, the parent will be assessed the cost of the uniform. Uniforms will be returned to coach at the end of each season.

## **Section 11 - Transportation**

Parents are responsible for arranging transportation for their child students. If car pools are arranged, parents must communicate with each other first before taking any student in their vehicle. Each child that is transported must wear a seat belt. It is the coach's responsibility to make sure every student is picked up, so please make arrangements to have this happen immediately after practices or games.

## **Section 12 - Spectator and Parent Guidelines**

- Spectators at our games should at all times behave in a Christian manner.
- Cheering will be positive. Refrain from yelling at the referees. They are doing the best job they can.
- Accept the referee's decisions without arguing or making non-verbal gestures that show disagreement.
- Spectators are to be kind and polite to opposing teams, coaches, and fans.
- Fans should be humble in victory and gracious in defeat.
- Parents are encouraged to instruct their children that their Christian witness and fair play are more important than winning.
- Set priorities for a balanced life: church time, school time, family time and friend time.
- Maintain the perspective that sports are a part of life and not life itself.
- Support your child and the team by driving for away games, working the games by running the clock, keeping the books, working the concessions stand, or helping clean up after the game.
- If there are questions or concerns please talk to the coach first utilizing Matthew 18 principles. If your concern is not resolved please bring it to the athletic director. If your concern is still not resolved, request a meeting with the principal. Please remember our coaches are volunteering their time and doing their best. We also have young coaches and parents that may be less experienced than others.
- Be a Christian example and role model in all you do. Sportsmanship is contagious. Let others catch it from you.
- Support the coach in his/her decision making.

## **Section 13 - Cost and Fees**

Part of the cost and fees for the athletic program are covered by an athletic fee. Athletic fees are \$100.00 per sport per student. Cross Country is \$50.00 per student. If a student wants to play multiple sports in the fall season, only one fee will be applied.

## **Section 14 - CAA**

Inter-scholastic competition is scheduled with area Christian Schools. King of Kings is a member of the Catholic Athletic Association.

When inter-scholastic events are held at King of Kings, parents are encouraged to attend. For the purpose of safety and control students must be in the care of a parent. Children participating in an athletic event are to be picked up no later than 15 minutes following the event or practice. Students not picked up within 15 minutes will be taken to extended care. Parents will need to come into the school to pick up their children.

Directions will be provided on the school calendar. They are also available on the Catholic Athletic Association website.